



2025 Cross Country Schedule K - 4th

Friday, September 5 - Practice

Friday, September 12 - Practice

Friday, September 19 - Practice

**Tuesday, September 23 - Milwaukee Lutheran/Immanuel Meet
@ Milwaukee Lutheran**

**Wednesday, October 1 - Martin Luther/Hales Corners Meet
@ Martin Luther High School
(4:15 start time)**

Practice is from 3:00 - 4:00 on the listed dates. Runners can meet their coaches, Mrs. Covek, Mrs. Janousky, and Miss Jensen in the gym. We will help get them to where they need to be.

Pickup from practice will be outside the field house entrance.

Have students wear something comfortable to school on practice days that they can run around in