



2024 Cross Country Schedule K - 4th

Friday, September 6 - Practice

Friday, September 13 - Practice

Friday, September 20 - Practice

**Tuesday, October 1 - Milwaukee Lutheran/Immanuel Meet
@ Milwaukee Lutheran**

Friday, October 4 - Practice

**Wednesday, October 9 - Martin Luther/Hales Corners Meet
@ Martin Luther High School
(4:15 start time)**

Practice is from 3:00 - 4:00 on the listed dates. Runners can meet their coaches, Mrs. Covek and Mrs. Friedrich, in the gym. (There are also some other staff helpers) We will help get them to where they need to be.

Pickup from practice will be outside the field house entrance.

Have students wear something comfortable to school on practice days that they can run around in